

# 2020-2021 ANNUAL REPORT



Youth Solvent Addiction Committee


## Executive Summary



OH, what a year! I am please to say despite the world being turned upside down by a global pandemic, YSAC was able to slowly return to a new normal as we improved infection control, training and risk management practices over the 2020-2021 fiscal year. This year we welcomed a new director into the YSAC family. Angela Carter joined us as the director of the two new healing lodges opening in Ontario that are connected through partnership to KaNaChiHih. We said goodbye to the director for Nimkee Nupigawagan congratulations on your retirement Mark French.

This year we continued our training and certification partnership with Saskatchewan Indian Institute of Technology, a college in Saskatoon. The 2020 Global Covid pandemic necessitated a quick shift to offering many additional online learning modules. In response to increased Infection Control needs we developed a new course in infection control and a covid screening app "*Screen Green*" for the YSAC centres. The ending of the 2020-2021 having learned so many lessons about pivoting our services in an emergency. YSAC centre across the country have expanded their continuum of care to include virtual services and many are working on continuing to modernize and adapt services to increase pre and post treatment services through continued virtual or face to face methods.

YSAC is pleased to present the annual report for 2020-2021.

  
Vincent Simon  
YSAC Board Chair

Centres at a Glance						
Centre	# of Beds	Age Range	Sex	Intake dates	Special Services	Total Inpatient Admissions 2020-2021
<b>Charles J Andrew Centre</b> Sheshatsui , Labrador Established May 2000	10	Families	Coed	8-week cycles	Land based Outreach Day Counselling	27 Adults 18 Child and Youth Dependents
<b>Ka-Na-Chi-Hih Solvent Treatment Centre</b> Thunder Bay, Ontario Established November 1996	12	18-30	Male	Continuous	Psychological consultation Long term placements	6
<b>Leading Thunderbird Lodge</b> Fort San, Saskatchewan Established January 2007	15	12-17	Male	January/May/ September	Outreach Matrix Programming First Nations Culturally Based	0 2- Pekiwewin Transition
<b>Nenqayni Wellness Centre</b> Williams Lake, BC Established September 1996	10	13-18	Female	Jan/May/ Sept	Family Treatment onsite	25
<b>Nimkee NupiGawagan Healing Centre</b> Muncey, Ontario Established January 1997	9	12-17	Gender Blocks	January/May/Aug (alternating genders)	Family Treatment Outpatient Community Based Intervention	0
<b>Walgwan Centre</b> Gesgapegiag, Québec Established 1996	12	12-17	Co-ed	Jan, Apr, June, Aug, Nov	Culturally Based Program 14-week residential programs 4-week prevention programs	42
<b>Whiskyjack Treatment Centre</b> Established 1997	16	12-17	Gender Blocks Families	Jan/April/ Sept	Outreach Family Treatment	15
<b>White Buffalo Treatment Centre</b> Muskoday, Saskatchewan Established 1996	10	12-17	Female	Jan /April/ Aug	Outreach Culturally Based Program Land Based Programming	13
<b>Young Spirit Winds Centre</b> Macwasis, Alberta	Day Treatment	12-17	Co-ed	Jan/April/July/Sept	Day Treatment Spaces Outreach Culturally Based Program Aftercare	68 (Day Treatment)

## Annual Workplan

The Strategic Goals for YSAC are formulated each year at a YSAC meeting and then submitted to Indigenous Services Canada in the form of an annual work plan. The identified priorities have been aligned with the supporting priorities and elements of the 2010 NNADAP Renewal Document.

### **These areas are:**

Element 1: Community Development, Universal Prevention and Health Promotion

Element 2: Early Identification, Intervention and Aftercare

Element 3: Secondary Risk Reduction

Element 4: Active Treatment

Element 5: Specialized Treatment

Element 6: Care Facilitation

### **Supports to the Care Elements:**

**Workforce Development:** A well-trained, certified and stable workforce with the supports needed to effectively meet the complex needs of the clients it serves.

**Governance and Coordination of Systems:** Effective oversight of the system at community, regional and national levels.

**Addressing Mental Health Needs of Clients, Families and Communities:** Supports to ensure that the mental health needs of clients and communities can be addressed within addictions programming or through referral.

**Performance Measurement and Research:** Information to support planning at a program, community, regional and national level; research and knowledge exchange to develop and apply approaches to care and services that work for First Nations clients and communities.

**Pharmacological Approaches:** Awareness of the need for the correct use of medications to address addictions and mental health issues.

**Accreditation:** A process that ensures excellence and effectiveness in programs and facilities.

The YSAC committee meets three times each fiscal year to review progress on the annual workplan, offer ideas for continued development, share and record best practice initiatives and demonstrate commitment to the partnership with Indigenous Services Canada. The meetings are open to both national and regional departments of FNIHB and minutes are available of all proceedings. Each centre contributes to the agenda by both identifying agenda items, pressing issues as well as preparing an update of specific activities and initiatives at their treatment centre. No in person meetings happened in 2020-2021. Biweekly meetings were held virtually.

## Workplan Accomplishments

### Governance and Coordination of Systems

- Streamlined process for board strategic planning including data gathering and SOAR analysis
- Developed the screen green covid app
- Several Infection Control policies developed through the year
- Board Governance Reporting template updated

### Workforce Development

- New course developed for infection control
- National Staff satisfaction survey completed in December 2020
- Core competency Survey completed
- Medication Management moved to an online standardized course

### Addressing Mental Health Needs of Clients, Families and Communities

- Mental Health: Pilot tested a course in Lateral Kindness

### Performance Measurement and Research:

- Improvements made to AMIS system in terms of family intake
- DUSI-R improved to collect based on DSM-Drug classifications
- New indicators for Self harm/child welfare involvement added to AMIS and annual reporting framework

### Pharmacological Approaches:

- A total of 270 learners completed Pharmacology (Substances of Misuse) this fiscal year.

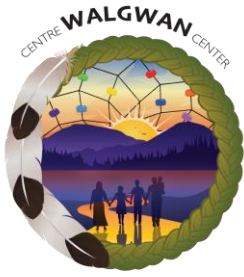
### Accreditation

- 100 percent of YSAC centres are accredited through either Canadian Accreditation Council or Accreditation Canada. No accreditation reviews took place in 2020-2021



# Our Centres





## Vision

Empowering First Nations and Inuit Youth on taking charge of their well being.

## Mission

With full respect for the dignity and value of each person, the Centre provides a safe environment to each First Nations and Inuit Youth with a personally centered, holistic and culturally appropriate transition to her/his own path to well-being and a healthy life.

## Program

Walgwan Centre is an accredited 12 bed residential treatment centre located in the Mi'gmaq First Nation community of Gesgapegiag in Eastern Quebec. Our intake is ongoing and we welcome and assist First Nations and Inuit youth from 12 to 17 years of age from both genders. We help restore a harmonious balance between their physical, emotional, mental, and spiritual needs while assisting them in recapturing their sense of self-worth. Our program usually takes 6 months to complete. The residential program has 4 phases and is culturally based with clear indicators for each phase. In the completion of each of these phases our elders do a specific ceremony in recognition of the achievement. We also provide aftercare services for up to two years



## Vision

Happy, healthy and empowered communities

## Mission

The Charles J. Andrew Youth Treatment Centre is committed to empowering aboriginal youth and families throughout Canada through the provision of a holistic healing program. The program is strongly influenced by traditional aboriginal values, beliefs and practices. Spirituality and reconnecting to the land will be key components in nurturing and building self-confidence and developing skills amongst youth and families to help them reach their full potential as community members.

## Program

The clinical portion of the program takes place at the main building in Sheshatshiu. A team of dedicated staff works with families on core issues of trauma, family dynamics, life skills, emotional management and addictions processes. Nutshimit is one of the core components of the program based on aboriginal culture, this land-based program comprises 50% of the treatment delivery. This included elder's traditional knowledge and teachings.





#### Vision

That all youth who have been a part of Ka-Na-Chi-Hih will have gained the strength and skills necessary to continue on their life's path with pride, dignity, respect and a strong sense of identity. They will have achieved balance in their life's long journey towards fulfillment and will be contributing members of their communities and to society.

#### Mission

In keeping with the sacred teachings of the Creator, Ka-Na-Chi-Hih will provide a nurturing and supportive environment for First Nation Youth who are embarking on their Healing Journey to Wellness of Body, Heart, Mind, and Spirit.

#### Program

Ka-Na-Chi-Hih Specialized Solvent Abuse Treatment Centre was initiated by Nishnawbe Aski Nation in 1996; the first client was admitted January 1997. Ka-Na-Chi-Hih had a vision to find a location that would be best suitable and accessible to resources for the care and safety of the clients. The vision became reality when the doors re-opened for clients May 2005 at its beautiful newly renovated building inside the city of Thunder Bay on a three- acre lot near the river.

Ka-Na-Chi-Hih is a 12-bed long-term treatment program, for First Nations males between 18 to 30years old throughout Canada, who are chronic solvent abusers; which is affecting their life socially, physically, emotionally and spiritually. The programming is holistic and uses traditional as well as contemporary models of treatment. Ka-na-chi-hih Specialized Solvent Abuse Treatment Centre program currently consists of two treatment phases. Phase I: The "Core Group Program" of programming designed to educate the clients for healthier skills in addition to one on one counselling sessions.



## Vision

## Mission

With respect, humility and compassion, Nimkee Nupigawagan Healing Centre Inc is committed to empowering Indigenous youth, families and communities through culturally-based holistic treatment services.

## Program

- Nimkee Nupigawagan offers residential treatment services for First Nation Youth, ages 12 to 17, who are challenged with solvent addiction who are challenged with solvent addiction. As a culturally based program, assessment and counseling begin from a place of respect that focuses upon the strengths of Native youth, their family and community. There are 3 intakes per year: January to April, May to August, and September to December. These intakes alternate between female and male gender-based program. Families of the youth (3 people) are invited to stay in the residence with the youth midway through the program for 1 to 3 weeks. When necessary and appropriate, psychological and psychiatric assessments are completed through referral



#### Vision

Indigenous youth use the Creator's gifts to achieve well and vibrant communities

#### Mission

To empower Indigenous youth through culturally-based, holistic treatment and community outreach services.

#### Program

The White Buffalo Treatment Program is a 10-bed residential facility located on Muskoday First nation, 15 minutes South east of Prince Albert, Saskatchewan. The Treatment Centre is designed to meet the needs of First Nations youth between the ages of 12 and 17, who are involved with substance misuse and who are experiencing related problem areas.

The program is based on a holistic treatment model. Using the four cornerstones of treatment, spiritual emotional, physical and mental, as well as using the concept of "living therapy" whereby treatment is integrated into all interactions in which the youth participate.

It is the belief of the White Buffalo Treatment Centre that while it is essential to have both intensive casework and group sessions to review individual problems, it is equally important to integrate relaxation, recreation life-skills, formal education and cultural activities into a positive therapeutic, interdisciplinary treatment model.

The Treatment Program at White Buffalo Treatment Centre is designed to maximize youth potential through systematically improving self-esteem and equipping youth with "tools for life" The concepts of inner resiliency and strength-based assessment are used extensively throughout the treatment process. The Treatment Program is separated into four distinct six-week phases, with each phase designed to teach different skills useful in developing a substance free lifestyle

One of the unique features of the White Buffalo program is the extensive prevention, early intervention and mobile treatment services that are available to communities of Saskatchewan through the outreach component of the program.





#### Mission

To provide holistic healing to First Nations, Inuit youth and families, and communities in a safe and secure environment.

#### Program

Nenqayni is located in the heart of the Cariboo Region of British Columbia in the territory of the Chilcotin, Shuswap and Carrier First Nations. Nenqayni's Youth Program has been running for over 20 years. We serve First Nations Youth and their families from communities across Canada. The Youth & Family Inhalant Program is a four-month program for the treatment of female solvent abusers ages 13–18. The program also addresses other issues through individual and group sessions such as: drug alcohol and cross addictions, grief and loss, anger management, family violence, self-esteem, sexual abuse, co-dependency, self-awareness communication skills, life-skills, spirituality, health education and personal wellness. The balanced program is enhanced by cultural teaching, academic assistance, hand crafts, recreation and a variety of physical activities. We believe that the family and community is an important part of youth treatment. We provide a family component near the end of the youth's treatment cycle. The families are given an opportunity to join the program for a period of eight weeks to participate in family counseling sessions designed to strengthen family unity prior to their return to their home community. Aftercare is also provided for the youth, 24-hour telephone counselling is available and community visits are made by staff whenever possible.



#### Vision

We reawaken healthy communities and families by rebuilding cultural pride and holistic health.

#### Mission

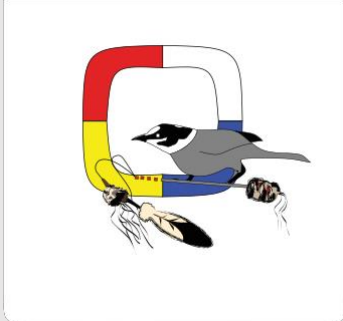
To empower Indigenous youth by providing a culturally based program to eliminate substance misuse

#### Program

Leading Thunderbird Lodge provides a 16 week culturally based residential treatment program for First Nation or Inuit male youth from across Canada who are between 12 – 17 years of age. The holistic treatment program provides personal development in the four areas of: Spiritual, Physical, Mental and Social well-being. Education, Addiction and Mental Health programming are the focus of the treatment program which are all grounded in the First Nations teachings and culture of the local Cree, Saulteaux, Dakota, Lakota and Nakota First Nations.

An extension of LTL's programming includes Pekiwin House – a transitional home for older graduates of the residential treatment program. Pekiwin House offers a peer supported living environment where youth can continue their healing journey while continuing their education and/or gaining work experience. Enhanced life skills are offered to the residents to assist them in transitioning to a future independent and healthy lifestyle.





## Vision

The Whiskyjack Treatment Centre provides effective holistic healing for youth and their families within a safe environment of respect, trust, and love. The Whiskyjack Treatment Centre leads First Nations communities to wellness by delivering quality care through consistent teamwork

## Mission

- The Whiskyjack Treatment Centre leads First Nations communities to wellness by delivering quality care through consistent teamwork, unique services and traditional values.

## Program

- Whiskyjack Treatment Centre is licensed for 20 beds, for residential treatment, designed to accommodate First Nations youth, between the ages of 12–17. The culturally based program “provides effective holistic healing for youth and their families within a safe environment of respect, trust and love.” The program operates 3–16 week gender specific intakes per year; of which, one week of each intake is dedicated to family programming. When necessary and appropriate, Psychological and Psychiatric assessments are referred



## Vision

- The Maskwacis Young Spirit Winds Society empowers healthy, balanced, proud First Nations youth in a safe, respectful and holistic environment

## Mission

While maintaining high quality standards of service, Maskwacis Young Spirit Winds Society offers First Nations youth holistic treatment, aftercare & support by utilizing cultural teachings, appropriate resources and partnerships.

## Program

Young Spirit Winds is an outpatient day program for aboriginal youth ages 12–17 years of age. It is a co-ed program with a seat capacity of 12 youth for the day program. The Youth begin at 10:00 am and leave at 3:00 pm. Transportation is provided for those who reside within the 4 bands of Maskwacis Alberta.

### Day Treatment

Topics covered in the day treatment program include: Communication & Self Awareness; Addictions & Assessments; Cultural Identity; Health & Awareness; Grief, Loss & Recovery; Self Esteem & Peer Pressure; Anger Management & Cycle of Violence; Family & Community; NAAAW; Addictions & Relapse Prevention; Coping Skills & Change.

### Mobile Treatment

Topics covered the mobile treatment program include: Substance/Process Addiction Education; Self-Esteem & Peer Pressure; Communication; Cultural Awareness; Anger Management & Cycle of Violence; Residential School Impacts; Grief, Loss & Recovery; Gang Awareness & Prevention; Health Awareness; Brain Gym, Brain Power.

# Workforce Development Initiatives



Beginning in 2019 YSAC and SIIT developed a partnership for workforce development training. The plan included amalgamating existing YSAC and SIIT workforce development courses to streamline delivery and competency linkages. The planned course pathway would eventually culminate in a level one certificate in addictions through SIIT. In addition, all courses are pre certified by the Indigenous Certification Board of Canada (ICBOC).



## LEARNING PATH ROADMAP

Saskatchewan Addictions and Mental Health Treatment  
Workforce Development Certificate - Level One



The following Pathway represents a Level One Certificate in Addictions attainable through a joint partnership between SIIT and YSAC. Courses in light blue are delivered online and dark blue in person format.

In 2020 we moved to make courses available in purely online versions. Additional Elective for Medication Supervision and Understanding Accreditation and managing suicide self-harm will be available in the online format in year two.

Level Two training will include a Clinical Supervisor Pathway.

## Open Learning Distance Learning Courses

All courses are built on community of Inquiry Framework whereby there is a collective emphasis on shared knowledge construction. Learning outcomes are based on significant learning including attention to outcomes on foundational knowledge, application, integration, caring and the human dimension of each major topic. Each course includes content linkages to major guiding processes including accreditation, workforce certification, The Indigenous Wellness framework. The majority of the courses run on a course calender, with cohort registration, Infection control and Medication Management are on demand courses, delivered for treatment teams as requested.

Course Module	ICBOC Competency Link	Accreditation Link
Substances of Misuse (Pharmacology)	Core knowledge 2-6	417.12.10 Trauma Informed Practice Training
Motivational Interviewing	Counselling Knowledge 1-6 GK-Interview skills GK-Communication-Active listening	417.12.10 Trauma Informed Practice Training
Treatment Planning	Core Knowledge 11-12 Core knowledge 11-14 GK-Interview skills Screening, Intake, Client Orientation, Assessment, Treatment planning, Case Management	417.12.10 Trauma Informed Practice Training 417.5.1 Measurement Tool 417.5.2 Care planning 417.5.4 Care Plan Components 417.12.11 Quality Improvement and Outcome Measurement Tools
Workforce Diversity	Teamwork	417, 12. 8 Diversity Training 417.8.12 Diversity and Inclusion 417.8.14 Diversity
Infection Control		417.22.1 Management of Infections 417.22.2 Monitoring Infections 417.22.3 Control of Infections Diversity Training 417.12.10 Trauma Informed Practice Training
PACE Crystal Meth	Core knowledge 12 Case Management	



## Open Learning Distance Learning Courses

Since beginning in February 2020, **224 Unique learners** have accessed the new YSAC-SIIT online classroom. These learners represent the workforce within Saskatchewan at both community and treatment centre positions, and within the Country at YSAC centres.

In total in 2020-2021 7 Unique Fully online Courses were delivered or piloted. This includes:

Course Name	Release date	Total Registered Learners	Total Classes	Total Certificates Issues
Pharmacology Substances of Misuse	Feb 2020	207	13	172
Motivational Interviewing	May 2020	52	4	42
Infection Prevention and Control	June 2020	146	8 unique Tx centres	103
Medication Management	January 2021	31	2	22
Workforce Diversity	May 2020	14	1	8
Treatment Planning	February 2021	14	1	13

## Distance Learning Courses

Beginning in 2010 YSAC developed a suite of online learning modules. The intent was to provide a place where centre employees could have timely access to learning modules that were required for specific job functions and accreditation standards. Many of the modules have been running for several years, in 2017-2018 we began reporting attainment in our annual report. In 2020 we began using an alternate learning management system, so numbers on this chart represent only a portion of the distance learning completion rates. This system was retired in 2020.

Course Name	In Progress	Missed Deadline	Completed
Charles J Andrew Medication Management	0	2	13
CJAY Incident Report Writing	1	0	2
Ethics and Ethical Decision Making	3	0	33
Medication Supervision Nenqayni	0	0	26
Pharmacology- Introduction	2	1	18
White Buffalo Treatment Centre Medication Supervision	0	3	16
YSAC Outcome Collection	1	0	22
YSAC Workforce Diversity Training	8	0	30
	<b>15</b>	<b>6</b>	<b>160</b>

# Addictions Management Information Statistics

**AMIS** ✦ **SGIT**

***Addictions Management Information System***

**Système de gestion de l'information sur les toxicomanies**

## Available Treatment Spaces

In this report, we summarize clients served and services provided by the YSAC centres during fiscal year 2020-2021. These data include clients served in our National Youth Solvent Abuse Program (NYSAP). The clients and the services are diverse, and the data is complex. This report will, at different times, report different (n/N) numbers that refer to different subgroups or events that are based on specific filtering of the data. We also distinguish between unique clients and unique episodes of care. This distinction is important: Client demographic and social history counts are unduplicated counts in which each client is counted once. Episode counts represent an episode of care to a client – entailing admission, all services received, and discharge. All occur within the context of a period of healing for a client. Each client may have multiple levels of care (treatment instances) that occur within the fiscal year; thus, the client may be counted multiple times in some data sets that relate to services.. In all cases N values are reported so percentages can be considered. The data in this data set is reported across 8 YSAC youth focused Treatment centres. Charles J Andrew and Whiskyjack's family data is not yet captured fully in the AMIS data base. The 2020-2021 Global pandemic forced closure at many centres, data from this year represents several anomalies and should be considered in trends analysis.

National  
Non-Operational  
Days

1433

National  
Operational  
Days

967

National  
Available beds

36

## Client Age

Level of Care	Number of Treatment Instances	Number of Unique Clients
Day Program	N=9	N=9
Inpatient - Residential	N=109	N=95
Outpatient	N=15	N=15
Outpatient - After Care	N=99	N=87
Outpatient - Virtual	N=56	N=46
Pre-Treatment Services	N=6	N=6

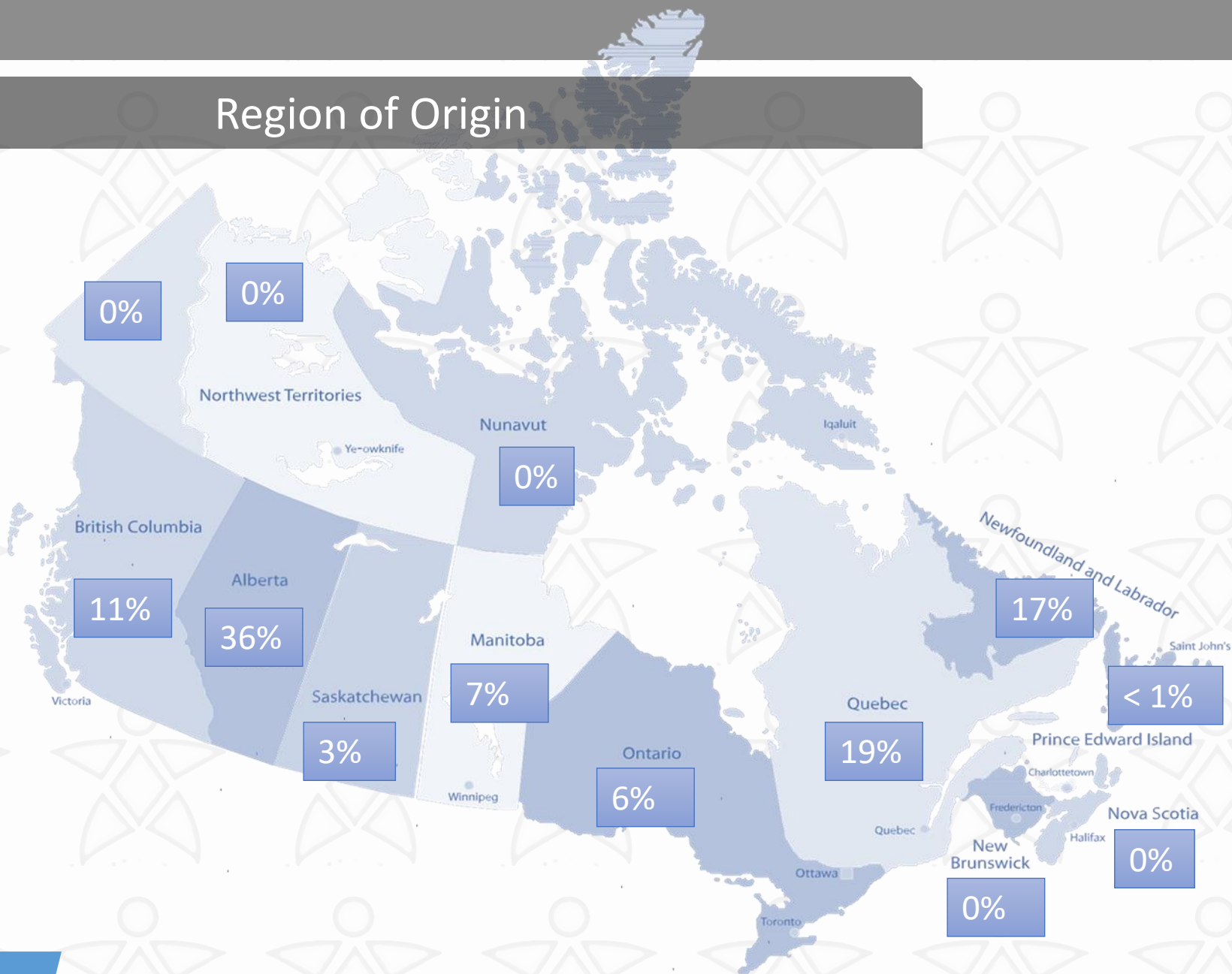
Age Group	Males	Females	Combined
under 12	N=1 (6%)	N=1 (2%)	N=2 (3%)
12	N=0 (0%)	N=4 (7%)	N=4 (5%)
13	N=1 (6%)	N=5 (9%)	N=6 (8%)
14	N=1 (6%)	N=10 (18%)	N=11 (15%)
15	N=0 (0%)	N=9 (16%)	N=9 (12%)
16	N=0 (0%)	N=10 (18%)	N=10 (13%)
17	N=0 (0%)	N=1 (2%)	N=1 (1%)
18	N=1 (6%)	N=0 (0%)	N=1 (1%)
over 18	N=14 (78%)	N=17 (30%)	N=31 (41%)
	<b>N=18</b>	<b>N=57</b>	<b>N=75</b>
Average Age	<b>27</b>	<b>19</b>	<b>20</b>



## Indigenous Status

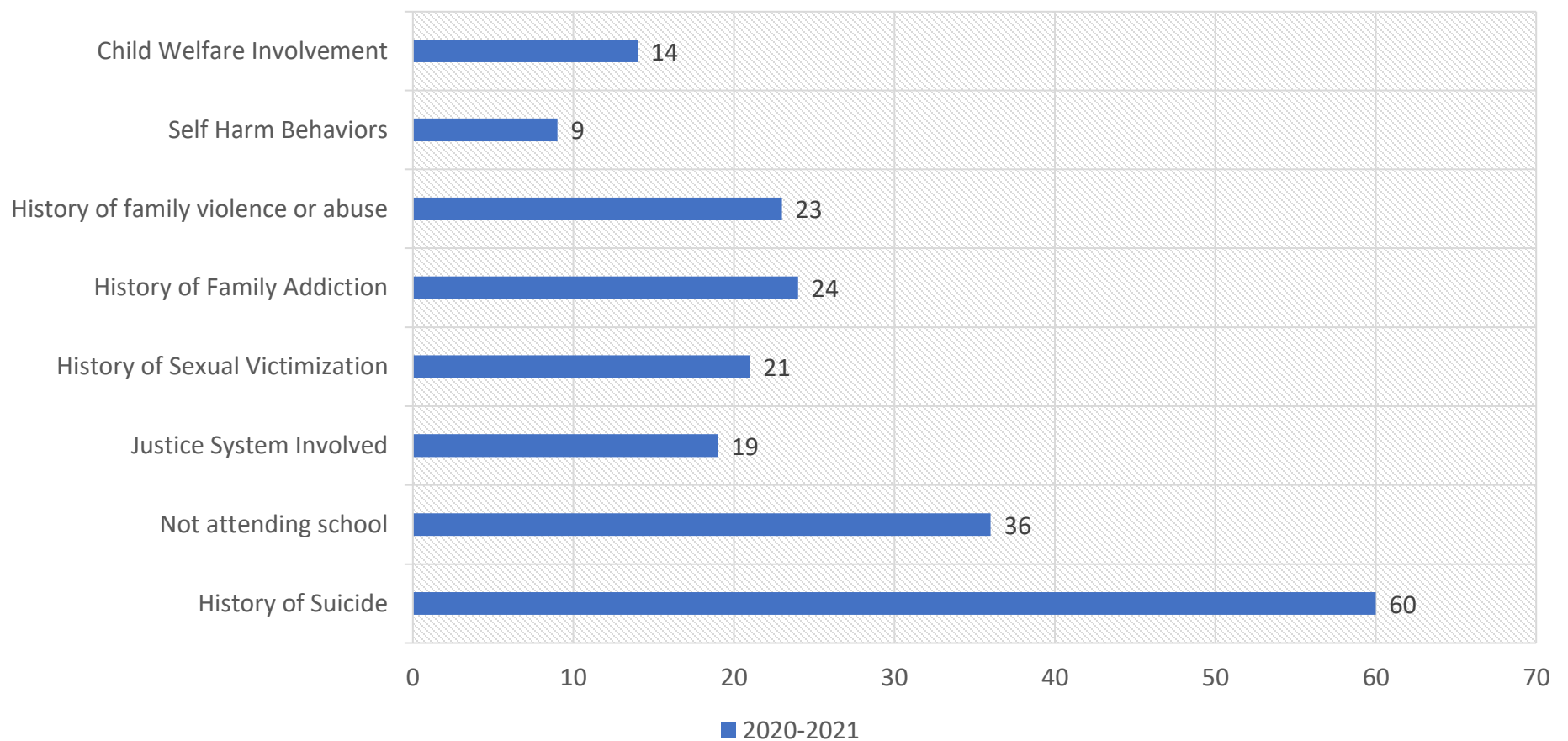
Status	Males	Females	Combined
First Nation Non-Status	N=1 (2%)	N=4 (3%)	N=5 (2%)
First Nation Status	N=59 (89%)	N=125 (91%)	N=184 (90%)
Inuit Non-Status	N=0 (0%)	N=0 (0%)	N=0 (0%)
Métis	N=1 (2%)	N=2 (1%)	N=3 (1%)
Recognized Inuit	N=5 (8%)	N=7 (5%)	N=12 (6%)
<b>Total Number of Clients</b>	<b>N=66</b>	<b>N=138</b>	<b>N=204</b>

## Region of Origin



## Client Characteristic Profile

### Client Characteristic Summary %



## Drug Utilization

Drug utilization rates are gathered through standardized assessment using the Drug Use Screening Inventory at entry. Each program applicant completes a screening for the 12-month preceding time period. In 2020 the AMIS/DUSI-R system was updated to reflect better drug classifications based on DSM-V.

This chart reflects decreased assessments because of the Covid pandemic and should be considered in any historical trends analysis.

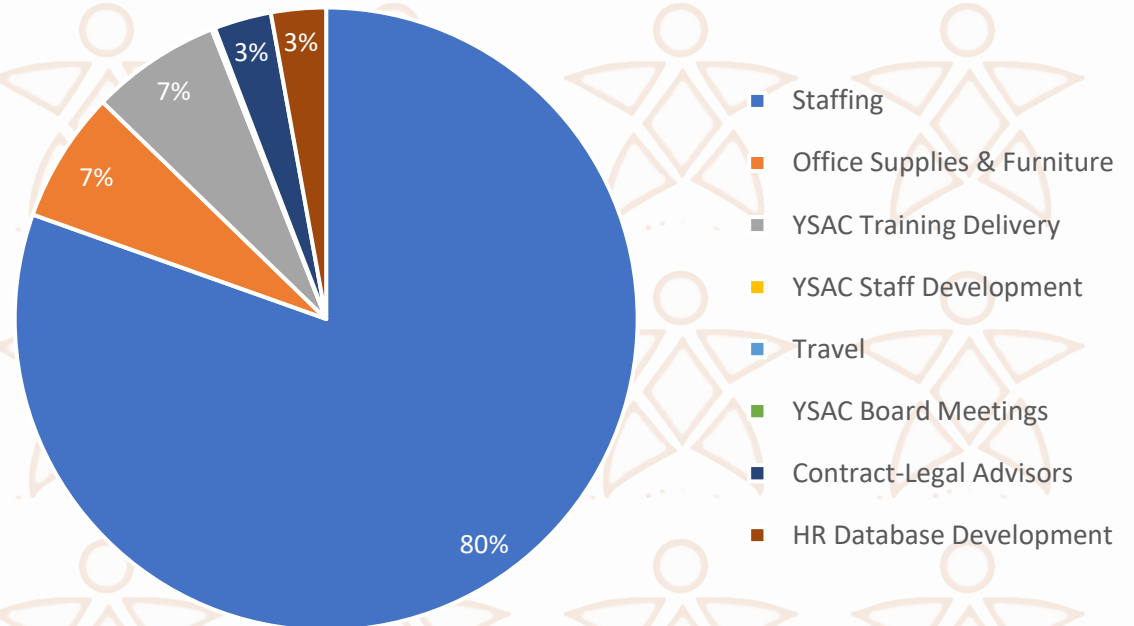
Many centres are using DUSI-R as a pre and post treatment outcome collection tool and outcome data is available for each individual centre.

Substance	Males	Females	Combined
Aerosols	N=0 (0%)	N=2 (6%)	N=2 (4%)
Anabolic Steroids, Anti-Inflammatory Drugs, Antihistamines, Nitrous Oxide/Laughing Gas	N=0 (0%)	N=1 (3%)	N=1 (2%)
Antianxiety Medications	N=0 (0%)	N=3 (9%)	N=3 (6%)
Barbiturates	N=0 (0%)	N=1 (3%)	N=1 (2%)
<b>Beer, wine, Liquor</b>	<b>N=14 (88%)</b>	<b>N=28 (82%)</b>	<b>N=42 (84%)</b>
Benzodiazepines	N=0 (0%)	N=3 (9%)	N=3 (6%)
Chewing	N=0 (0%)	N=3 (9%)	N=3 (6%)
Cocaine, Uppers, Khat	N=5 (31%)	N=18 (53%)	N=23 (46%)
<b>Coffee, Tea, Soda/Pop, Energy Drinks, Chocolate</b>	<b>N=11 (69%)</b>	<b>N=28 (82%)</b>	<b>N=39 (78%)</b>
Diverted Methadone	N=0 (0%)	N=1 (3%)	N=1 (2%)
Gas/Fuels, Butane Lighters	N=1 (6%)	N=3 (9%)	N=4 (8%)
Glue	N=0 (0%)	N=1 (3%)	N=1 (2%)
<b>Marijuana, Pot, Weed, Hash</b>	<b>N=14 (88%)</b>	<b>N=25 (74%)</b>	<b>N=39 (78%)</b>
Methamphetamine - Crystal Meth	N=1 (6%)	N=5 (15%)	N=6 (12%)
Methamphetamine - Ice/Glass	N=1 (6%)	N=2 (6%)	N=3 (6%)
Methamphetamine - Speed	N=1 (6%)	N=7 (21%)	N=8 (16%)
Non-Potable Alcohol - Hairspray, Sanitizer, Mouthwash, Aftershave	N=2 (13%)	N=0 (0%)	N=2 (4%)
Non-Prescription Codeine	N=1 (6%)	N=2 (6%)	N=3 (6%)
Non-Prescription Heroin	N=0 (0%)	N=3 (9%)	N=3 (6%)
Non-Prescription Morphine	N=0 (0%)	N=4 (12%)	N=4 (8%)
Non-Prescription Oxycontin	N=0 (0%)	N=1 (3%)	N=1 (2%)
Other - LSD, Mescaline, MDMA/Ecstasy, DOM/STP, DMT, Magic Mushrooms, Morning Glory Seeds, Jimson Weed, Salvia Divinorum	N=2 (13%)	N=11 (32%)	N=13 (26%)
Other Volatile Compounds	N=0 (0%)	N=1 (3%)	N=1 (2%)
Over the counter Cold Remedies	N=3 (19%)	N=3 (9%)	N=6 (12%)
Over the counterweight Loss Aids	N=1 (6%)	N=0 (0%)	N=1 (2%)
Paint, Paint Thinner, Lacquer	N=0 (0%)	N=1 (3%)	N=1 (2%)
Phencyclidines - PCP, Angel Dust, Ketamine, Cyclohexamine, Disocilpine	N=0 (0%)	N=4 (12%)	N=4 (8%)
Prescribed Antianxiety Medications	N=1 (6%)	N=8 (24%)	N=9 (18%)
Prescribed Cannabis	N=1 (6%)	N=1 (3%)	N=2 (4%)
Prescribed CBD	N=1 (6%)	N=1 (3%)	N=2 (4%)
Prescribed Sleeping Medications	N=1 (6%)	N=6 (18%)	N=7 (14%)
Prescription Methadone	N=0 (0%)	N=2 (6%)	N=2 (4%)
Prescription Oxycontin, Oxycodone, Codeine, Morphine	N=0 (0%)	N=2 (6%)	N=2 (4%)
Prescription Suboxone	N=0 (0%)	N=4 (12%)	N=4 (8%)
Propane	N=0 (0%)	N=1 (3%)	N=1 (2%)
Shatter	N=3 (19%)	N=9 (26%)	N=12 (24%)
Sleeping Medications	N=1 (6%)	N=7 (21%)	N=8 (16%)
Smokeless Tobacco	N=1 (6%)	N=8 (24%)	N=9 (18%)
<b>Smoking</b>	<b>N=15 (94%)</b>	<b>N=30 (88%)</b>	<b>N=45 (90%)</b>
Synthetic Cannabis - K2, Spice and others	N=2 (13%)	N=2 (6%)	N=4 (8%)
<b>Total Number of DUSI-R Assessments</b>	<b>N=16</b>	<b>N=34</b>	<b>N=50</b>

## Financial Summary

All YSAC centres are federally funded projects through the Federal Brighter Futures Initiative. Each centre is managed through some form of First Nations governance structure which may include provincial Incorporation or tribal administration. As a result of their various governance structures, all centres undergo an annual audit performed by an independent provincial auditor. Audits as well as individual centre annual reports are submitted to First Nations and Inuit Health Branch both regionally and nationally.

The youth solvent addiction committee is funded for coordination services, meeting expenses and projects as submitted in advance by way of an annual work plan. Itemized financial statements are reviewed at each YSAC meeting, and an annual audited financial summary is provided by the incorporated organization hired to administer the YSAC contribution agreement. This fiscal year KaNaChiHih Treatment Centre acted as host and administrator for the YSAC accounts. This expenditure breakdown reflects only 42% of funds used because workplan items related too travel, meetings and in person training were in surplus with zero expenditures.





## Contact List

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Sheshatshiu, Labrador  
AOP 1M0  
PH 709-497-8995  
FX 709-497-8993  
fallingham@cjay.org  
www.cjay.org

KaNaChiHih  
1700 Dease Street  
Thunder Bay, ON  
P7C 5H4  
PH 807-623-5577  
FX 807-623-5588  
vsimon@kanachihih.ca  
www.kanachihih.ca

Leading Thunderbird Lodge  
Box 400  
Fort Qu'Appelle, SK  
S0G 1S0  
PH (306) 332-5659  
FX (306) 332-1850  
kmain.ltl@sasktel.net  
www.leadingthunderbirdlodge.ca

Nenqayni Wellness Centre  
Box 2529  
Williams Lake, BC  
V2G 4P2  
PH 250-989-0301  
FX 250-989-0307  
walphonse@nenqayni.com  
www.nenqayni.com

Nimkee Nupigawagan  
Healing Centre  
RR1 Muncey, ON  
NOL 1Y0  
PH 519-264-2277  
FX 519-264-1552

Walgwan  
75 School Street  
Gessagegiag, Quebec  
G0C 1Y1  
PH 418-759-3006  
FX 418-759-3064  
edwalgwan@globetrotter.net  
www.walgwan.com

Whiskyjack Treatment Centre  
Box 580  
Norway House, MB  
R0B 1B0  
PH 204-359-8995  
FX 204-359-6497  
rkozak@wtcentre.ca  
www.wtcentre.ca

White Buffalo Treatment  
Centre  
Box 2500  
Prince Albert, SK  
S6V 7G3  
PH 306-764-5250  
FX 306-764-5255  
wbuffalo@sasktel.net  
[www.wbtc.ca](http://www.wbtc.ca)

Young Spirit Winds  
Box 570  
Maskwacis, AB  
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FX 780-585-2665  
award@onehealth.ca

## Geographic Locations

